

IMEC (Marie Cobel) with "Friends"
September 11, 1984

Session 16: More on 1,2,3,4 Creation

Summary: This is an example of how to take control of your projections on the physical plane. If you take this example and apply it to the smallest detail it will allow you to take control of your consciousness.

Extended Summary: If you see the other people around you as an energy system when you encounter another energy system and you say hello there are three possible outcomes: a positive response, a negative response, and no response. Each of these responses carry an impact and influence for the energy system involved. For example, if after saying hello the other energy system says they are not feeling well, and you acknowledge this, you have made an agreement and reinforced this state of being. If you meet another energy system and they also agree that the first energy system is not feeling well, this adds to the energy of the negative state. Likewise, when you encounter an energy system, and you say you are looking well and healthy this state is reinforced. The non-response effects the autonomic system. The agreement is where the energy is transferred and created. In order to change reality, if there is a subject or a feeling that is taking place, then by not agreeing with it you are removing it from your reality. Care must be taken to not give energy by emotionally objecting as that adds to the energy. Learn to respond without agreeing, without giving offense. This is when your words should be chosen very carefully. Respond consciously with love and understanding. This can be applied to any encounter with any being. Even the slightest interchange can have huge effects and influence. The agreement about certain colors having a certain effect on the chakra systems is true because these have been agreed upon. Use of the triangle in health. How does this work to keep a baby as healthy as possible? The people around the child should want to be there and give positive training because the child has no basis to discern information. The child will pick up on the total nature of the being. That is why we must work on improving the self. You can only control what enters and leaves your energy system. When you are aware you can recognize the energy field, convert it to a positive, and project what you wish. Energy is an operative force it is intangible to man in his present awareness because he perceives with physical senses.

Report by Daniel Erickson
Extended summary by S. Solomon